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සෞඛ්‍ය අමාත්‍යාංශය சுகாதார அமைச்சு Ministry of Health

All Provincial Directors of Health Services,
All Regional Directors of Health Services,
All Heads of Institutions,

Vaccination of patients with Type 1 Diabetes for COVID- 19

Evidence shows that patients with diabetes are more likely to manifest serious complications from COVID 19. Hyperglycaemic environment increases the vulnerability to respiratory infections along with reduced pulmonary capacity. Therefore, people with diabetes are considered as a vulnerable group because of the higher risk of severe disease with higher risk of death than people without diabetes. Considering many scientific evidence on COVID 19 related complications among diabetic patients, priority has been given for both type 1 and type 2 diabetic patients on vaccination against COVID 19 throughout the world. Many studies have concluded that the risk of dying from COVID 19 was almost three times higher for people with type 1 diabetes and almost twice as high for type 2 diabetes than for those without diabetes.

Considering the above, all individuals with Type 1 diabetes who are 18 years or above should be vaccinated against COVID 19. The patients should be referred by the consultant of the clinic with a recommendation for vaccination and the vaccination should be done at a hospital setting.

Please bring the content of this circular to the notice of relevant officers in your institution/district/province.


Dr. Asela Gunawardena
Director General of Health Services

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